

# **National Dance Day: July 31, 2010**

**Riverchase Galleria Food Court**

**11:00-4:00**

**Hosted by**



**Birmingham  
D · A · N · C · E  
Theatre, Inc**

National Dance Day was created to promote health and wellness through the art of dance nationwide. District of Columbia Congresswoman Eleanor Holmes Norton is submitting a bill to the House of Representatives to establish July 31<sup>st</sup> as National Dance Day. Nigel Lythgoe, executive producer of So You Think You Can Dance (SYTYCD), has been invited by the United States Congress to receive a copy of the resolution in Washington, D.C.; as well as join them in an organized Flash Mob to be held at Malcom X Meridan Hill Park. SYTYCD has challenged America to participate on this special day, as well as fund raise for Dizzy Feet Foundation.

Birmingham Dance Theatre welcomes you/r group to join our celebration of dance benefiting Dizzy Feet Foundation\* on National Dance Day. We are thrilled to offer many opportunities for you to participate in the 1<sup>st</sup> National Dance Day of Birmingham, Alabama!

## **Areas To Participate\*\***

- ◆ Nappytabs Choreography: Join our National Dance Day Stage as we “Get Up and Move” learning the official National Dance Day choreography of Napoleon and Tabitha D’um
- ◆ Dance Wave: Join our fundraising “Dance Wave” by pledging a 50.00 Dizzy Feet Foundation donation\* from you/r group
- ◆ National Dance Day Performances: Individuals or groups may perform on our National Dance Day Stage. A \$20 Dizzy Feet Donation\* is suggested for participating groups.
- ◆ Dance-Off: Individuals participate in our National Dance Day Dance-Off

## **Participation Registration**

Please e-mail [bdt.dizzyfeet@gmail.com](mailto:bdt.dizzyfeet@gmail.com) to join our efforts. Please include the following:

- Contact name
- Name of individual or group
- Telephone number
- Areas of participation (see listing above)

## **Logistics of Events**

Nappytabs Chorography: This dance was choreographed to encourage our nation to “Get Up and Move” Birmingham’s National Dance Day host, Kristen Mugnier, will lead the instruction of this dance and have interested groups join on stage to help with the teaching of this dance combination to the general public at the Galleria on National Dance Day. If your group would like to view the choreography beforehand visit <http://dizzyfeetfoundation.org/> and click on Dance Day YouTube video.

Dance Wave: This event is our fund-raising effort. We challenge you/r group to make a 50.00 donation to Dizzy Feet Foundation and continue our “Dance Wave of Donations” by challenging another group of your choice to catch your wave and continue in the fundraising efforts by making a donation as well for Dizzy Feet Foundation, which will continue our wave.

National Dance Day Performance: Individuals/groups may perform choreographed pieces on our National Dance Stage to celebrate dance. A \$20 Dizzy Feet Foundation donation\* is suggested for each performance. Choreography should not exceed 5 minutes. Music must be provided at the event’s registration on a CD containing only the performance track. Stage dimensions are 20’x20’

Dance Off: Individuals will participate in a judged dance off. This event will be broken into two categories, choreographed solo pieces and individualized improv. These two categories will be sub-divided into age groups: 12 and under & 13+. Winners will be awarded prize packages provided by our sponsors. Specialty awards will be given. Music should be provided as the only track on a CD. Improv music may be turned in or performed to one of our National Dance Day playlist songs. On-Site registration will be accepted for this event.

## **Special Guest and Performers**

Miss Alabama 2010- Ashley Davis  
Alabama’s Outstanding Teen 2010 – Scarlett Walker  
Mayor Tony Petelos  
Brandon Norris –Dynamic Addition as seen on America’s Best Dance Crew  
Jesse Lewis – as seen on Your Mama Don’t Dance

## **Sponsors**

Fox, CBS, Riverchase Galleria, The Pulse, Broadway Dance Center, Dance Masters of America-Chapter 33, One-To-One Personal Fitness, Soca Clothing, Joel Melton Hair Specialist, Veal Conventions, and Casanova Properties.

We are still actively pursuing additional sponsors, both locally and nationally. If you would like to become a sponsor please contact us, [bdt.dizzyfeet@gmail.com](mailto:bdt.dizzyfeet@gmail.com)

BDT thanks you for your interest in joining us for National Dance Day! Please feel free to pass this information to interested participants.

**\*Donations may be made payable to ‘Dizzy Feet Foundation’**

**\*\*Community Service hours will be signed by our Event Coordinator for school-age participants for this charity/community event**